

Let's pull

## together to rid the River Frome of Himalayan Balsam

Himalayan Balsam is an invasive plant which spreads along riverbanks, smothering native plants and causing flooding. The easiest way to control it is to pull it up.

Join us for free Big Pull mornings this summer. Everyone is welcome.

Meet at the Cheese & Grain (BA11 1BE)on the 10<sup>th</sup> July at 10.15 am.

Please wear long sleeves, long trousers and sturdy boots. Gloves provided. (remember water and sun tan lotion too!)

Contact Dorothy-Anne on 01373 300 583





